

## **CRISPY CHICKEN WINGS**

SERVINGS: 4

PREPPING TIME: 5 MIN

COOKING TIME: 55 MIN

## **INGREDIENTS**

1kg chicken wings

- 1 teaspoon baking powder
- ½ tablespoon salt
- 1 teaspoon crushed black pepper
- ½ tablespoon Rafiki

750g McCain pub style fries

Garlic gioli

## **DIRECTIONS**

on packet)

- 1. Preheat the oven to 150°C.
- 2.Add all dry ingredients note: keep the half amount of Rafiki, and give everything a good mix to coat well.
- 3. Line a baking tray with non stick paper, place a rack on top of the tray, then arrange the chicken, make sure not to stack the meat to get the desired result.
- 4. Bake for 35 minutes at 200°C, remove from the oven and flip the wings on the other side.
- 5. Increase the temperature to 220°C and bake further until the wings are golden and crispy.
- 6.Remove from the oven and serve with McCain Pub style fries (follow cooking instructions

